



Do you need a place to deliver health, healthy living and wellbeing services in South Tottenham?

We are offering a range of facilities at affordable rates and flexible hire arrangements.

The Bridge Renewal Trust is a charitable organisation set up to be part of the solution to reducing health inequalities in Tottenham. We have a mix of quality spaces in the heart of the community that are perfect for delivering a range of services – from group sessions through to one to one therapies. We also have office space and hot desks available. We want to work with local provider services, community groups and self-employed individuals who share our aspiration of bringing more and better opportunities for local people to live healthier lives.

Bridge Community Hut - This is a two story facility set in its own grounds with a kitchen, two large rooms, easy access toilets, Wi-Fi and an office. We are currently developing the outside space into a community kitchen garden/physic garden with some micro allotments. The Hut is situated in Tewksbury Road, just off of the Seven Sisters Road, The Community Hut is perfect for a range of activities from group garden, cook and eat and peer support groups through to Pilates, Yoga and martial arts.

Bridge to Wellbeing Hub – This is located within the Laurels Healthy Living Centre and offers community organisations incubator desk space, hot desks, a fully equipped training/meeting room and tea point. The Community Hub has recently been refurbished to a high standard and provides a modern and stylish working environment

Bridge Therapy Suite – This is also in the Laurels Healthy Living Centre and is being newly refurbished for the New Year. It comprises a group room/waiting area with tea point and a large multi-purpose consultation/therapy room that meets clinical guidelines but feels calm and friendly. Both rooms are equipped with Wi-Fi and are decorated to a high professional standard.

For more information regarding any of the facilities please contact Andrew or Russel on:
020 8442 5635 or admin@bridgerenewaltrust.org.uk



Or visit our website: www.bridgerenewaltrust.org.uk